

Diabetes: Parent(s)/Legal Guardian(s) Responsibilities Fact Sheet

Parents/Legal guardians are integral to planning, care, and coordination of care for all students with diabetes. School nurses should involve the student's parent(s)/legal guardian(s) to the fullest extent possible. It is important for school nurses and parents/legal guardians to work collaboratively to provide for the health and safety of these students. In addition, the Annotated Code of Maryland, Education Article, § 7-426 designates parents/legal guardians with certain responsibilities. The parents/legal guardians are responsible to:

- Inform the school nurse or other school health services staff that their student has diabetes.
- Provide the school with emergency contact information that is accurate and updated as needed.
- Provide the school with complete, accurate, and up-to-date medical information related to the student's diabetes.
- Provide the appropriately completed written diabetes medication order form.
- Communicate with the school nurse and the health care provider regarding medication orders allowed to be adjusted within the specified parameters in the manner requested by the school nurse.
- Provide timely communication to the school nurse regarding any changes in insulin pump settings.
- Provide written authorization for sharing of information between the school and the student's diabetes care provider.
- Provide any other health care provider orders.
- Supply non-expired routine and emergency medications and medication administration devices/equipment for long term care (up to 72 hours in the event of a disaster or emergency) including:
 - Insulin and insulin administration supplies,
 - Blood glucose meter, test strips, lancets,
 - Urine/blood ketone test strips,
 - Glucagon kit,
 - Batteries for meter and pump if applicable,
 - Pump and pump supplies if appropriate,
 - Fast acting sugar (and any needed measuring/dosing devices) as ordered by the health care provider, and
 - Any other needed supplies to provide care according to provider orders.
- Perform blood glucose monitor control testing or provide control solution to the school.
- Provide appropriate snacks and beverages (including a refillable water bottle if possible) for school and for after-school time as needed.
- Provide the school and the school nurse with up-to-date and timely information regarding the student's participation in school sponsored after-school activities (e.g., clubs, sports, academic supports/tutoring, make-up work) to allow a reasonable amount of time to arrange staffing for addressing the student's diabetes care needs.
- Work with the school nurse and 504 Team to develop the plan of care and the 504 Plan team to the best of their ability.
- Work with the school nurse to develop and implement a plan for increased diabetes care self-management in collaboration with the student's health care provider.
- Monitor the proper storage (i.e., away from light and high temperatures) and routinely check the expiration dates of medications for students who self-carry.
- Provide the school nurse with manuals for any diabetes care devices and equipment if requested.
- Provide the recommended and preferred medical identification bracelet/necklace indicating student has diabetes.