

# FUTURE LEADERS OF THE WORLD MENTORING NEWSLETTER ST. MARY'S COUNTY PUBLIC SCHOOLS



Future Leaders of the World

October/November 2017

## First Week of F.L.O.W.



Chesapeake Public Charter School

## Getting to Know Each Other

All of our sites have had at least one mentoring session and are busy planning for a flowrificent year.

When meeting for the first time, ice breaker activities help mentors and mentees get to know one another. Mentors and mentees pictured above toss a ball with different topics written on it such as food, outfit, super hero, adventure etc. Where ever the catcher's hands land that person shares his or her favorite . . . This was a fun and informative activity.

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### FLOW Contact

#### Information

Christina Coffey, FLOW Program Assistant.

(301)475-5511 ext. 32258

Tammy Burr, Coordinator of Special Programs

(301) 475-5511 ext. 32257

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### New Mentor Training

If you are a new mentor, have completed and submitted your application to [flow@smcps.org](mailto:flow@smcps.org), and have completed the online volunteer training, the next step is mentor training. Please contact Christina Coffey to set up a training.

# Carving Up the Fun!



Mechanicsville Elementary School,  
White Marsh Elementary, and  
Chesapeake Public Charter School



# Flow Resource Library

Did you know that FLOW has a resource library? We have many books, puzzles, and games that you can check out and return in person or via metro. Each month the newsletter will feature a book that may be of use to you or your program.

## 365 Afterschool Activities



This book is a great resource for ideas for afterschool activities. Some of the topics the book has are community involvement, cooking, crafts, family, fitness, games, and self esteem. An example of an activity under the self esteem section is to make a happiness list of five things that happened yesterday. The book asks if the five things written down are good or bad. The exercise is designed to help students practice remembering the good things along with the feelings. These lists are happiness lists that can help when the student is feeling down. If you are interested in this book, you can check it out in the FLOW resource library.

## Tie Dying with SOMD Entertainment



Everyone learned new techniques and how to tie different designs from swirls to guitars from Ms. Virginia Richardson.

Chesapeake Public Charter School and Hollywood Elementary



THANK YOU VIRGINIA!



**BECOME A MENTOR! WE NEED YOU!**

## What is Your Favorite Thing About FLOW? From Mentees

“Flowlympics” – Madelyn

“All my friends and carving pumpkins” – Austin

“Crafts and carving pumpkins” – Charlotte

“Field trip and talent show”– Derrick

“Basketball game at St. Mary’s College” – Dan

“Ms. Kearns and all my friends” - Erica



### Upcoming Events

**Nov 15th**—Mrs. Coffey visits with White Marsh Elementary School.

**Nov. 29** -Spirit Nights Chipotle, 5:00 P.M.—9:00 P.M. Be sure to mention F.L.O.W. at the register.

**Jan 6th**—St. Mary’s College Basketball Games 2:00 P.M & 4:00 P.M. with a youth clinic following the games.

**April 24th** —Volunteer Recognition Ceremony (VRC) 5:30 P.M.— 7:00 P.M.

Please let Christina Coffey know if you would like her to come to an event at your school.



## SMCPS FLOW FACTS

1. 60 Returning mentors
2. 60 New mentors
3. 149 current Mentees
4. Approximately 20 more students could join the FLOW program if we had additional mentors.
5. 12 partners/businesses supporting F.L.O.W.

Chic-fil-a

Sweetfrog

Potbelly

Cracker Barrel

Target

Walmart

BJs Wholesale club

Forrest Hall Farms

SOMD Entertainment

Aldi

Shopper's Food  
Warehouse

St. Mary's College



Morgan Kidwell , Arabella Kemp, Gabby Gleissner, and Camryn Leavy.



Khaya Hemsley, Kelleigha Hughes, Samantha Johnson, Keisha Young, Christopher Cooper, Donnetta Corbin, and Kylie Duncan.

### TEACHER ACADEMY of MARYLAND (TAM) Mentors

#### Local High School Students Giving Back

Thanks to Ms. Melissa Chew, teacher of the Teacher Academy of Maryland (TAM) at the Dr. James A. Forrest Career and Technology Center (JAFCTC), on October 6, 2017, Ms. Coffey and Mr. Burr were able to give a F.L.O.W. presentation to the TAM students. These students are all interested in pursuing careers in education, and as a result of the F.L.O.W. presentation 12 of them signed up to be volunteer F.L.O.W. mentors. Many of the students are mentoring in the same schools where they either are currently or soon will be completing their internships for the TAM program. Ms. Coffey was able to conduct the mentor training at the JAFCTC, and these students are now active mentors, working with elementary students, and giving back to both their school system and the community. A huge thank you goes out to Ms. Chew and her TAM students.

## Special Thank You to:

Sweet Frog –Donated gift cards and spirit night

PotBelly - Spirit night

Forrest Hall Farms—Donated Pumpkins

BJ's Wholesale Club– Donated a gift certificate for supplies

Cracker Barrel– donated a meal for meeting/giftcards

Aldi– Donated pumpkins

Shopper's Food Warehouse– Donated pumpkins

SOMD Entertainment– Donated tie dying materials

THANK YOU  
FOR YOUR  
GENEROUS  
SUPPORT!



**Gene Campbell, Lettie Marshall  
Dent Elementary School**



**How long have you been a site leader?**

This year will be my tenth year as a Site Leader.

**What is something interesting that someone else might not know about you?**

I have visited Mexico and Canada.

**What are your hobbies?**

I am an Art Specialist so in my free time I work on my art. I also enjoy reading.

**What is your favorite book?**

I have always loved reading, so I do not have an absolute favorite book. I was a big fan of J. R. R. Tolkien when I was younger and have enjoyed *A Song of Ice and Fire* by Martin. Mostly, I read a lot of history and historical fiction.

**Where would you love to visit?**

Scotland is first on my list of places I would like to travel. I spent a year in Japan when I was on active duty in the Marine Corps.

## Contact Us

Give us a call for more information about FLOW Mentoring.

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