

The site below is the web portal to your Inova EAP and Work-Life services. Scroll down the page to log onto the Inova Employee Assistance member site.

www.inova.org/eap

User Name: SMCPs

Password: SMCPs

You will have access to articles and helpful web links on a range of topics such as Parenting, Aging, Career and Workplace Education, Health, Wellness and other daily living topics.

Legal & Financial Tools

Scroll down and click on ‘Living’ in the left hand menu. You will see Legal and Financial topics.

Webinars

You can register for these online seminars (webinars) – just scroll down the page until you see the heading, “On Demand On-Line Seminars. They are teleconferenced; participants log into the web portion and then call into the audio portion – they are separate entities that complete the session format.

If you were unable to attend a live Webinar, they are archived and can be replayed at any time.

Inova Employee Assistance

Call Us Toll Free 24/7/365

800-346-0110

www.inova.org/eap