



St. Mary's County Public Schools
Department of Fiscal Services and
Human Resources

23160 Moakley Street, Suite 107
Leonardtown, Maryland 20650

Ms. Tammy McCourt
Assistant Superintendent

Phone: 301-475-5511 ext. 32247; Fax: 301-475-4228

To: SMCPS Employees and SMCPS Retirees

From: Heather Huff
Insurance Specialist

Re: Maintenance Drug Changes

In January 2014, as part of the CareFirst BlueCross BlueShield and CareFirst BlueChoice, Inc. (CareFirst) transition to CVS/caremark as our pharmacy benefits manager (PBM), we began using the standard CVS maintenance drug list. Maintenance medications are those taken daily for three months or longer, to treat a chronic condition such as high cholesterol.

Because the CVS maintenance drug list varied from our previous maintenance drug list, CareFirst provided overrides to include drugs that were on the previous list, but not on our current list, for the period of one year. Those overrides are, or will be soon, expiring.

When the overrides expire, members may find they are unable to renew certain prescriptions for the 90-day supply they are accustomed to. Instead, they will only receive a one-month supply and must pay the copay/coinsurance amount as applicable. Members may request an exception by having their physicians fill out, sign and submit the attached exception form.

CVS will review all requests and issue an approval or denial within 72 hours. If a drug is approved as maintenance, the authorization will be effective for five years for that member. If the exception is denied, the member's drug is still covered; they simply will only be able to obtain a one-month supply.

If you have any questions please contact CVS/Caremark directly at 1-800-241-3371.